



Academy for Five Element Acupuncture

passion • education • community



Summer 2016

Letter from the Executive Director

Happy Summer! Oh, how I love this season! Sun, fun, swimming, and watermelon, the possibility of a vacation... I hope you all are finding a way to accept nature's invitation to play. At the Academy, we had a very busy spring with the completion of the self-study report for reaccreditation, all of the classes here for their sessions, and the interns working hard in the clinic. We expect one class back this month for their session, and then we have a little space to prepare for a new group of students starting the program (and returning) in the fall, and to prepare for our accreditation site visit in October.

In April, **Susan Weiser-Mason** came from Maine to share her wisdom of 30 years in practice with the students. **Razia Ali Hamm** is back to teaching and spent a day with the students. After taking a break to be a full-time mom, we are grateful that she is available to teach at the Academy again. **Alexander Love** was also here for three days, which is always a welcome treat for the students.

The interns are doing excellent work and we are all excited to watch them blossom in this final stage of training. Please mark your calendars for August 20th when we will celebrate the end of our journey with the intern class,

Class 31, with a commencement ceremony.

We are still accepting applications for our next class starting on August 15, 2016. We truly appreciate the referral of your patients, friends, and family members to our program. If you have someone in your life who is interested in becoming a Five Element acupuncturist, please encourage them to contact us and schedule a visit. Keep an eye on our website for our next Preview Day in the autumn.

For all of you acupuncture-only practitioners out there interested in studying Chinese herbal medicine, there is still space in our Herbal Studies program starting June 27th. This is our Chinese Herbal Studies program presented in an all-intensive format, making it possible for people who are already in practice to attend. Please visit the website for details or give us a call at 352.335.2332.

In other news, we are offering three CEU events this year. You can find more information about the CSOE Carnival and the Integrative Cancer Care workshops in this newsletter.

- *Color, Sound, Odor, Emotion Carnival* with **Niki Bilton**, July 15-17, 2016. The Faculty will also be working with Niki on July 18-19, delving deeper into the topic of physical and structural exam.
- *Integrative Cancer Care Workshop* with **Michael Kowalski** and **Amy Sear**, August 27-28, 2016.

Looking to the future, **Lonny Jarrett** is scheduled at the Academy in March 2017 for a workshop on Treating Trauma with Chinese Medicine and **Elisabeth Rochat de la Vallee** is scheduled to return in June. I chaired my first Council of Colleges meeting in May as president. I was uncharacteristically nervous going in to the meeting, but everyone on the Council was

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Color, Sound, Odor & Emotion Carnival July 15-17, 2016

CSOE are the tools by which we stand or fall as Five Element practitioners. From years of working closely with patients, students & graduates, I have developed a way of sharing CSOE that is fun, simple, achievable and repeatable in the treatment room.

-Niki H. Bilton



FOR THOSE INTERESTED IN WORKING IN AN
INTEGRATIVE MEDICINE SETTING

Integrative Acupuncture Cancer Care August 27-28, 2016



Integrative Acupuncture Cancer Care for TCM Acupuncturists

Michael Kowalski, A.P., Dip.Ac.(NCCAOM)
Saturday 9 am-6 pm

Practical Aspects of Integration in a Hospital Setting

Amy J. Sear, A.P., Dipl. O.M.
Sunday 9 am-1 pm

Integrating Five Element and Evidence- Based Cancer Treatment

Michael Kowalski, A.P., Dip.Ac.(NCCAOM)
Sunday 2 pm-6 pm

Registration

Before August 1: 1 day \$125, 2 days \$215

Students & Academy faculty:

1 day \$100, 2 days \$185

After August 1: 1 day \$175, 2 days \$265

Students & Academy faculty:

1 day \$150, 2 days \$240

*Acupuncture students from all schools are
eligible for the student price.*

8 CEUs per day for licensed FL acupuncturists.

To register by phone, call us directly at
352.335.2332. To register online, visit our website
acupuncturist.edu.

Hosted by Academy for Five Element Acupuncture
305 SE 2nd Ave., Gainesville, FL 32601



**5 Element
Institute**



Academy for
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Our Herbal Studies program has grown and changed during this past spring season.

In April, program director **Carrie Chauhan** stepped down and assistant director **Jenn Downey** assumed the helm. Carrie (Class 23), helped develop the program in many ways during her tenure at the Academy. In addition to expanding the scope and management of the herbal dispensary, she was particularly instrumental in curriculum development, creating a battery of herb identification quizzes and special topic classes to round out an already solid program.

Picking up where Carrie left off, Jenn has been working with Andi Houston, dispensary manager, to upgrade our dispensary labeling and tracking system, and to expand our herbal inventory.

We are delighted to welcome **Mindy Rohrbacher** (Class 26), as our new assistant director for Herbal Studies. Mindy has participated behind the scenes for a number of years as a grader. She is excited to be more involved, as an administrator, instructor and clinic supervisor. Mindy, Jenn and our faculty team will be working together to refine the curriculum further and streamline procedures.

Finally, for those of you who have always wanted to study Chinese Herbology, but were unable to be in Gainesville for the residential year, we have made it possible

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Faculty & Alumni News



Felicia Dyess

I have been happily practicing Five Element acupuncture since 2007. I just restarted my practice in Jacksonville, FL after moving to Mobile, AL for six months to provide support to my parents. I now see patients in the Mandarin (southwestern) area of Jacksonville, just a few minutes from NW St. John's County and about 30 minutes' drive from St. Augustine.

I treat my patients with love and a combination of Five Element Acupuncture, energy work, nutritional counseling and herbal therapy. In addition, I employ muscle testing to give my patients the best possible treatments and protocols for their exact needs. I also prescribes Chinese herbs. I specialize in treating digestive issues and enjoy helping those with deeper issues such as autoimmune disorders and Lyme's disease. My office is located inside Foland Chiropractic at 12428 San Jose Blvd. #2. My website is www.art-of-healing.net.

-Felicia Dyess
Class 18



Leona Harter's Vibrant Living Wellness Center offers a safe, gentle, and holistic approach to wellness. Our goal is to help keep people healthy naturally by incorporating traditional Chinese medicine with modern Western medicine, creating a partnership that ensures the most beneficial outcome for a person's health.

Located at 180 West Walnut Street in Jesup, Ga, our center offers a wide variety of services. Including acupuncture, massage therapy, yoga, belly dance fitness classes, and personal training. My grand opening/ribbon cutting through the local chamber was June 9th. My website is www.acupuncturejesup.com or on Facebook at facebook.com/acupuncturejesup.

-Leona Harter
Class 26



**FIVE ELEMENT
ACUPUNCTURE
CHINESE HERBS**

MARGARET HALLISEY L.A.C.
margarethallisey@yahoo.com
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Opportunity for Recent Grads

I am a Five Element Acupuncturist with a thriving practice in the Williamsburg section of Brooklyn for 12 years. I work three days/week and live upstate the rest of the time. I graduated from the Academy and also studied herbs there with Thea Elijah.

I am looking to take on one or two apprentices to begin immediately. This could benefit the right person greatly. Fresh out of school, no overhead, no need to find your own patients and an experienced practitioner to guide you, answer questions and provide moral support. I've noticed that many great acupuncturists struggle to set up a good business for themselves. This opportunity could circumvent the "catch 22" of new grads, whereby you need more clients to gain confidence and you need more experience to get the confidence. You would need to be licensed in New York State, have liability insurance, and live somewhere close enough to come to work at my Brooklyn office. That's it!

If you are interested, please contact me by phone, 212.380.8469, or email, margarethallisey@yahoo.com.

-Margaret Hallisey
Class 15



Letter from the Executive Director

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supportive and encouraging. Everything ran smoothly and I even managed to end the General Business Meeting on time! I received positive feedback from some of the long-time school representatives, which means a lot to me, and I feel comfortable continuing to serve the Council in this role for the time being.

There are many big issues facing acupuncture education right now. Gainful Employment rulings are threatening the for-profit acupuncture schools. In the CCAOM, half of the member schools are for-profit. Starting in 2017, they will be required to report on debt-to-earnings measurements for their past graduates. The USDE has a 'two strikes and you're out' policy. The schools must pass the the required metrics two years in a row or they will lose their ability to grant federal financial aid. By 2018, we could be looking at the closing of half of the accredited acupuncture and Oriental Medicine schools. This could be a game changer for acupuncture education. The impact on our accrediting agency (ACAOM) and the testing organization (NCCAOM) will be huge, with repercussions for all the schools.

Also, ACAOM goes before their own accreditors this month to seek approval to accredit first professional doctorate degrees. If approved, this will mean that any ACAOM accredited school can apply to offer an entry-level doctorate degree--another possible game changer. Once we complete our site visit preparations,

we plan to take a serious look at doctoral level education, a goal in the Academy's 2016-2021 Strategic Plan.

I will keep you posted on future developments, both nationally and here at home. Speaking of national issues, in the wake of the mass shooting in Orlando, I want to express my gratitude for those who are pulling together to provide much-needed acupuncture trauma work for the survivors, their families, and the community. If you cannot travel to Orlando to help in person, I strongly encourage you to find a way to contribute. For ways to help, you can contact **Diana Fried** (Class 10) at Acupuncturists Without Borders. Visit their website, acuwithoutborders.org for further details.

One of my spiritual teachers is fond of the saying, 'The only antidote to fear is love'. Our call to action this season is to keep our hearts open and let the love shine through.

*Even after all this time,
The sun never says to the earth,
"You owe me."
Look what happens with a love like that.
It lights the whole sky.*

-Hafiz of Persia

With love,



Coming Events

July 15-17
*Color, Sound, Odor, and Emotion
Carnival*
Niki Bilton

August 15
Next Master of Acupuncture
Class

August 27-28
*Integrative Acupuncture Cancer
Care*
Michael Kowalski & Amy Sear

Mark Your Calendars Now

March 17, 2017
Free Evening Lecture
Lonny Jarrett

March 18-19, 2017
*Treating Trauma with Chinese
Medicine*
Lonny Jarrett

News from the Herbal Studies Program

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for you to take our program! As of June, the 27-month Herbal Studies program will be offered in an additional format that is intensive-only based. This makes it possible for licensed acupuncturists to get their herbal training and qualify to sit for the NCCAOM herbal boards. If you have any interest in returning to school for herbal training, you can read about Herbal Studies for Acupuncturists on our website, or give us a call at the school.