



# Academy for Five Element Acupuncture

*passion • education • community*



Spring 2019

## Letter from the President

Spring Greetings!

Spring is fully underway in North Central Florida and it is a robust one. Temperatures are climbing, the birds are singing, and the ligustrum is blooming (and making everyone sneeze!). I hope the renewing energy of the Wood element is on its way to you wherever you may be.

May has been quite a full month at the Academy. **Brendan Kelly** traveled this month from Vermont to teach an herbal intensive. **Alexander Love** traveled from Boulder, CO, to teach two different cohorts. **Ki Ennes** was here from Richmond, VA to teach in both the acupuncture and herbal programs.

Our clinic interns are in the third and final level of clinic training, which means more autonomy and shorter appointment times as they get closer to independent practice. When they returned from spring break, the countdown to graduation officially began!

This month starts their preparatory course for the national board exams. They continue to do excellent work in both acupuncture and herbal clinics. It is an honor and a pleasure to work with them.

This year is flying by! We had a very full winter with the start of Class

36B in January, a fun and festive Chinese New Year Party on February 1 to ring in the Year of the Pig; a Spirit of the Herbs course and a day of Whole Heart Connection with Thea Elijah in mid-February; and a wonderful CEU workshop "Deepening Perspectives on Pulse Diagnosis" with Lonny Jarrett in March. Several alumni returned to the school for the Lonny's workshop. It was wonderful to see them again! I will be scheduling more CEU workshops soon. Stay tuned!

We had an incredibly successful Spring Preview Day for prospective students on May 18th. We offered a full day of information for prospective students and

their families, including a complimentary acupuncture treatment. If you know someone interested in pursuing a career in acupuncture, please send them our way. We greatly appreciate your referrals and thank you for your support.

In state and national news, the acupuncture profession in the state of Florida realized an important victory in late January when it rejected a proposed rule by the Florida Board of Physical Therapy attempting to set minimum standards for the use of dry needling by PTs. The ruling stated that the proposal exceeded the

-Continued page 4

Create a life of *purpose*

PROSPECTIVE STUDENT PREVIEW DAY  
SATURDAY, OCTOBER 19

Academy for Five Element Acupuncture



## Letter from the President

(Continued from page 1)

Board of Physical Therapy's rulemaking authority because it would increase their scope of practice, not just establish standards of practice. Many states throughout the country are still in this battle, and there is nothing stopping the Board of Physical Therapy from appealing this decision in Florida. I encourage everyone to get involved for the sake of acupuncture. Students and practitioners, I urge you to join your state associations. Friends and families, I encourage you to support the state associations financially and I urge you to consider serving as a public member on a state acupuncture board or the board of your state association.

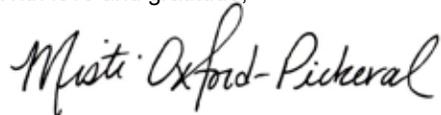
The Florida Board of Acupuncture (BOA) ruled at the end of 2018 to require 60 hours of Acupuncture Injection Therapy (AIT) for initial licensure. AIT is allowed under the scope of practice and has previously required special certification and special insurance coverage. This ruling has created an additional burden for recent graduates and will continue to create a burden for any new practitioner hoping to be licensed in Florida. A group of several Florida acupuncture schools,

including the Academy, wrote letters to the Florida Board asking them to delay implementation and to reconsider the ruling. Communication with the Board has had no positive impact.

The Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) recently released a statement concerning degree structure and naming convention in an effort to bring more clarity and consistency to the degree programs they accredit. Ultimately, degree titles are up to each state's Department of Education. Of note in this statement is that the current Certificate in Chinese Herbal Medicine is now being converted to an accreditable master's degree in Chinese Herbal Medicine (MCHM). Schools have until 2022 to make the changes.

I hope you enjoy reading about the Academy in our spring newsletter. May the vibrant energy of springtime renew you.

With love and gratitude,



## Coming in June



**Herbal Studies for Acupuncturists**

Add Chinese herbal studies to your healing practice with a completely modular certificate program.

For a full schedule and information on how to enroll, visit [www.acupuncturist.edu](http://www.acupuncturist.edu)  
352.335.2332

Academy for Five Element Acupuncture

## Thank You Ruby



The Academy is sad to announce that Ruby Beiner has retired from the position of Clinic Director. Thankfully, Ruby is staying with us actively as a teacher and clinic supervisor. Ruby has been with the Academy for over 10 years. She graduated from TAI Sophia in Maryland, then joined us for the Chinese Herbal Studies program. Over the past decade, Ruby has worked as a member of the local faculty and as an administrator, imparting her invaluable insights, sharing her skills with our interns and helping us graduate amazing practitioners of Five Element Acupuncture.

We could write pages about how wonderful Ruby is, but instead, let us allow our students to tell you how they feel:

*"Ruby is wonderfully supportive in all aspects of supervising. Her artful fluidity is inspiring."*

*"Ruby is amazing! She has a bright, warm heart."*

*"Ruby has a wealth of knowledge, is approachable, kind, always available to help, and an excellent supervisor."*

Ruby has made a profound contribution to the Academy and to the future practices of our graduates. The legacy of her teaching will live on in our graduates for generations to come, as well as in the healing of the patients of those graduates. Thank you Ruby, for everything you have given and continue to give to this school and the continuance of our tradition.

## New Way to Donate

Your financial support enables us to prepare the next generation of Five Element acupuncturists. Our gifted graduates touch the lives of hundreds of people in their communities across the country. When you make a gift to the Academy, you are making an investment with a lasting impact. In addition, your gift supports furthering the Five Element tradition and helps bring the profound balance, harmony, and well-being found through Five Element acupuncture treatment to underserved people in our community. Your generous gift is appreciated today.

The easiest way to donate is through the Amazon Smiles program. Click on the Amazon link below and set us as your default charity organization in your Amazon account. We will receive a percentage of every purchase you make through Amazon.com. This does not increase the price of any of your individual purchases. Think of us when making your Amazon.com purchases!

### Support Academy for Five Element Acupuncture.

When you shop at [smile.amazon.com](https://smile.amazon.com),  
Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)



## Coming Events

May 31  
Clinic Open House

June 22  
Next Herbal Studies for  
Acupuncturists class begins

August 21  
Next Master of Acupuncture  
class begins

October 19  
Prospective Student  
Preview Day

FREE  
PARKING



Academy for  
Five Element Acupuncture

# Global Employee Health & Fitness Month 2019

WE'D LOVE FOR YOU TO JOIN US FOR OUR

# CLINIC OPEN HOUSE

FRIDAY MAY 31, 2019

5 PM-7 PM

LEARN MORE ABOUT FIVE ELEMENT  
ACUPUNCTURE, CHINESE HERBS, NUTRITION,  
HEALTH SCREENINGS, CUPPING, GUA SHA  
**WIN FREE ACUPUNCTURE & HERBS**

Special thanks to  
Lisa Forsythe, D.O.M.,  
L. Ac. of Mulberry  
Integrative Medicine  
in Ocala, Florida  
for her generous  
donation of books  
and art to our  
academic library.