



# Academy for Five Element Acupuncture

*passion • education • community*

Summer 2014

## Letter from the Executive Director

Happy summer, everyone!

Gainesville's bustling spring is turning toward a radiant summer. For our Clinic interns, that means more and more autonomy in the treatment room. It also means working towards the realization of the goal of completing their clinical requirements followed by commencement in August. **Amy Sear** will be here to spend a couple of days with the interns in herbal clinic in June. For our junior class, that means completing their final intensive session and making all of the changes required to move to Gainesville for the start of their residency in September. We were pleased to welcome **Amy Jenner** (Class 27) back to teach in their last session. For our first year students, that means completing session 3 and beginning the herbal studies journey. I have the pleasure and privilege of teaching the first herbal session in early June.

Our spring Open House was a tremendous success, thanks to the hard work of Jim Brooks (Admissions Counselor) and Andi Houston (Executive Assistant). We had 16 prospective students and 7 guests join us for a day of learning about the Academy in general, Five Element acupuncture specifically, and interacting with students and faculty.

Thank you for referring your friends and family to us. If someone in your life or in your practice has the makings of a fantastic Five Element practitioner, please let them know about the upcoming class starting September 4, 2014. We will be taking applications for admission through mid-July. Our next Open House is scheduled for November 8, 2014.

I am excited to announce the addition of a new course in our curriculum, Transformative Communication, which will help to set the stage for inner development of the practitioner work. Many of the local faculty and the administrative staff have taken communication courses with **David Wolf** and **Marie Glasheen**, communication

coaches in Alachua, FL, who will be teaching the transformative communication course at the Academy this fall. Chuck Graham, Ruby Bienert, and I have been working with David Wolf to design this new curriculum for several months. I look forward to seeing the ways that improved, empowered communication will transform relationships within each class, between the students and administration, and ultimately between practitioners and their patients.

This summer marks seven years since the Academy's move to Gainesville, FL. We enjoy our location in downtown Gainesville and, though we love our beautiful building,

-Letter continued p. 2

## Construction Starting Fall 2014



Construction begins soon on our new sign. If you want to buy an engraved brick, the time is now! You can commemorate a loved one, share your inspiration with future students, or get together with your class and buy a brick as a group. Donations may be made by phone (352.335.2332) or on our website, [acupuncturist.edu](http://acupuncturist.edu).

## Letter from the Executive Director, cont.

we need more space. The time has come for the school to expand. We are currently exploring additional space in the downtown area. I'll keep you posted as the search for additional space continues. In the meantime, please continue to send your love and support, whatever the form: buying a brick for our new sign, sending new students, making a donation, teaching, supervising, or spreading the word about Five Element acupuncture.

This summer season, may you treat yourself to all the joy, connection, and play your heart desires.

All the best,



## UPCOMING EVENTS

Spirit of the Herbs with Thea Elijah  
June 27-28

FSOMA Annual Conference  
August 15-17

Class 29 Commencement  
August 16

Next Master of Acupuncture class  
September 4

Five Element Graduate Program  
with Niki Bilton  
October 9-14

Visit our website for more info  
[ACUPUNCTURIST.EDU](http://ACUPUNCTURIST.EDU)

## Free Clinic for Veterans

Did you know we run a free acupuncture clinic for veterans and their family members? This weekly auricular acupuncture clinic is run solely by volunteers and student interns. Treatment is free, donations are welcome. Read below for details.

### Free Acupuncture Clinic for Veterans Thursdays from 6:30 pm until 7:15 pm

Every Thursday evening, Academy for Five Element Acupuncture offers free auricular acupuncture treatments for veterans in a safe and comfortable group environment. This service is also extended to the immediate family members of veterans.

No appointments are necessary. Simply arrive at our clinic on Thursday evening between 6:00 and 6:30 p.m. and let the receptionist know you're there for the Veterans' Clinic. Treatment is provided on a first-come, first-serve basis and takes about half an hour.

Please bring your DD214 or your VA ID with you. There is no charge for this treatment, though donations are always welcome.

Visit our website for more information:  
[acupuncturist.edu](http://acupuncturist.edu)

## Study with Niki Bilton in Gainesville, FL

Have you been wanting to advance your skills to the next level? Whether you are a newer practitioner or have years of practice, you have a rare opportunity to study with Niki Bilton in Gainesville, FL. Starting this fall, Niki's two year program is open to all practicing acupuncturists with a background in Five Element acupuncture. It is crafted to encourage awareness of what you already know, stimulate recognition of what you do not know, and allow you to mature as a unique instrument of Nature.

The Five Element Graduate Program requires a commitment to attend five sessions of six days duration (Thursday-Tuesday) over a two year period. The first session is scheduled for October 9-14, 2014, with the next session in April 2015. Contact Joanne Epstein for more information at [joanne.epstein@acupuncturist.edu](mailto:joanne.epstein@acupuncturist.edu)



# Alumni News



I have recently added yoga and qigong to my practice, and launched a new website. Please check it out at [www.acupuncturejesup.com](http://www.acupuncturejesup.com), and leave me a comment on my facebook page!

**-Leona Harter**  
Class 23



I am finally licensed in the state of Washington! If you're in the area, please come visit me in Seattle.

I have a new website for my practice: [www.autum-nacupuncture.com](http://www.autum-nacupuncture.com)

**-Autumn Ta**  
Class 28



My business is transitioning from a small, one person practice to a group practice that will ultimately accommodate 4-6 practitioners treating about 20-25 patients a week each. I want to bring on 1-2 new practitioners who would like to focus exclusively on developing their clinical chops while I continue to focus on all aspects of the business side of things. Check out my website: <http://acupuncturebuffalo.com> and contact me directly for further information.

**-Ashlyn Pardee**  
Class 23



Zen Den is a collective of acupuncturists and yogis in South Jacksonville Beach who are fulfilling their life long dream of providing a peaceful space for our community to nourish mind, body and spirit through natural healthcare and education. Join us for our first open house celebration from 6-9pm on July 1<sup>st</sup> at 1510-A 2<sup>nd</sup> Street South, across from Huguenot Park. Zen Den is also hosting North Florida's first medicinal Tea Haus. Cleverly disguised as a chic neighborhood tea lounge with bulk organic tea and fair trade offerings, Tea Haus provides medicinal Chinese herbal remedies for your daily well-being. Stop by for our communiTEA party, a free tasting event during our open house event.

**-Erica McLaughlin**, Class 28  
**Michael Hibberts**, Class 26  
**Sarah Paige Wilde**, Class 24/25

## New Alumni Seal



Proud to be a graduate of the Academy? Include this alumni seal on your website, Facebook page, blog, or newsletter. Email Andi at [andi.houston@acupuncture.edu](mailto:andi.houston@acupuncture.edu) for more details.

# IN SUMMER, THE SONG SINGS ITSELF

*-William Carlos Williams*

