



Academy for Five Element Acupuncture

passion • education • community

Summer 2015

Letter from the Executive Director

Happy, happy summer!

The heat is on! The calendar may say it is early June, but Mother Nature has declared that summer is here in North Central Florida and the Academy is bustling with activity. Here's what's going on with the students. In May, the pre-clinic interns were here for their final intensive session before they begin their clinical residency in August. **Alexander Love** was here from Colorado and spent several days with this group of students. Our junior classes were also here (Class 32A and Class 32B). In mid-June, we welcome Governing Board chair and senior faculty member, **Merry Gerard** back to the Academy to teach and inspire Class 32B. The interns are in the final level of clinical training. They have done a superb job with their patients and now get to experience a little more autonomy in the treatment room. The finish line is in sight. I hope you will join us for their commencement ceremony at the end of August.

In May, we welcomed **Elisabeth Rochat de la Vallee** to the Academy for back-to-back CEU

workshops. In addition to being absolutely brilliant, Elisabeth was warm, engaging, and down-to-earth. She was a delight to host and a true inspiration. The participants loved the experience and

have asked to have her back next year. We already have dates: April 15-17, 2016. Save the date now and we will send out more information on topics soon. I hope you will join us for another wonderful experience of Elisabeth's bringing the classics alive and making them relevant to Five Element practice today.

I am pleased to announce that the Academy became a NCCAOM PDA provider in May. While working on that process, we developed a relationship with **Jennifer Nemeth**, Associate Director of PDA and External Relations. As a result of our new connection, Jennifer came to the Academy and gave a presentation on NCCAOM examination, certification, and recertification for some of our students, local faculty, and alumni. There are some important changes coming up in 2016 for those of you seeking recertification. I encourage you to visit NCCAOM's website (nccaom.org) and learn more about the upcoming changes to maintaining your Diplomate.

We are taking applications for our new Herbal Studies for Acupuncturists track. There are two available start dates: June 12-15 and June 29-July 2. If you or someone you know is interested in adding herbs to their practice, please visit our website (acupuncturist.edu) or contact **Jim Brooks** (jim.brooks@acupuncturist.edu) for more information.

Keep your eye on upcoming events (link on the website). Later this month, the fabulous **Thea Elijah** will be back at the Academy for two days of **Spirit of the Herbs**, followed by a one-day **Whole Heart Connection** workshop. Please see the website for details. Our **Preview Day** for prospective students is Saturday, June 20. In July, the Academy welcomes **Niki Bilton** for more faculty development. In September, we will host **Mark Fortney** for a two-day CEU/PDA event, "**Ten Thousand Things: Delving Deeper into the Spirit of the Points**". On November 13-15, the Academy is holding our **Faculty At-Large Meeting** focused on updating our strategic plan for the Academy and

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Space is still available for

Thea Elijah

Spirit of the Herbs
June 19-20

Whole Heart Connection
June 21

FL CEUs available
Register Online

WWW.ACUPUNCTURIST.EDU





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celebrating our new building.

The month of August almost always earns its name here at the Academy with so many important and fantastic things happening in one month. The month kicks off in grand fashion with the start of our new Master of Acupuncture class on August 11th. We are currently accepting applications and your referrals are greatly appreciated. We celebrate the official beginning of clinic residency for our incoming clinic interns on August 19th. And the month ends with a bittersweet celebration, the commencement of Class 30 on August 29th.

I am thrilled to announce that renovations on the new building are complete and we are ready to launch our fundraising campaign. We decided to change the name to "**Receiving Fullness**" (formerly "Raise the Roof") to more accurately reflect our intentions. We have an absolutely gorgeous new space and we are ready to outfit it so that we can serve more of the community and spread the impact of the Five Element tradition. Please see the article on our Receiving Fullness campaign in this newsletter. If your summer travel plans bring you to Florida (and even if they don't), please come visit. I would love to connect and show you our beautiful new addition.

Wishing you all the things that make your heart sing,

Misti Oxford-Pickeral

承滿 Receiving Fullness

Two years ago we ended our lease on the annex classroom next door which left us needing classroom space. We love our beautiful building on the corner of SE 2nd Ave. and SE 3rd St. We wanted to find a place to grow where we could have it all: great location, ample space and plenty of parking.

We searched downtown Gainesville for suitable space, while at the same time holding the building next door in our hearts and minds. It would be so perfect! Right next door, more parking, tons of space, but we couldn't see a way to make it work. As we were looking elsewhere, we discovered that the building was available and within our financial reach. It was meant to be. Everything fell into place. The dream became a reality in November 2014. Now we can create the campus of our dreams!



The location is perfect. There is no better space for us to grow into. We now occupy an entire city block in downtown Gainesville – prime real estate. With this acquisition, we can realize our goal of expanding the awareness of acupuncture and Chinese herbal medicine in our community. We are excited about our growth and we look forward to being able to reach even more people with the gift of Five Element acupuncture. As scary as it may be to embrace this huge financial investment, we know that the opportunity might not present itself again for years. Our time for growth is now.

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Alumni News



Since graduation in August 2013, it's been a long period of intense study, board examinations and running my own private practice for a short period of time. But... my 2015 started off with a bang as I joined Full Circle Natural Medicine in Seattle, WA as their Acupuncturist and East Asian Medical Practitioner. Full Circle is comprised of four Naturopathic Physicians (one of whom is also dually-licensed as an acupuncturist) and a massage therapist. I'm so pleased to be a part of this comprehensive health care team!

-Autumn Ta
Class 28



I opened Golden Dragonfly Acupuncture with my husband Guy Wells in January. We will soon be adding a granule pharmacy for herbal formulas. We specialize in helping veterans with health and PTSD problems. The practice is on the main street in Denton, Maryland: 221 Market St., Denton MD, 21629. The phone number is 443-448-4833.

-Gina Hamlin
Class 28



I founded Red Lotus Acupuncture in 2011 in Wilmington, NC, and have been loving life ever since. In addition to the power of Five Element acupuncture, I utilize Medical Qigong, doTerra essential oils, meditation, and rocks and crystals from Wrightsville Beach Rocks (the shop I co-own) to best assist patients on their healing journey. I offer local classes on qigong and meditation and offer distance sessions to individuals across the world.

-Kristin Althea
Class 23

Congratulations to these recent graduates now licensed to practice:

CLASS 29

James Berry
Claire Castaneda
Erika Chase
Catherine Hollingsworth
Zac Levine
Marcy L'Hommedieu
Lucy Marsh
Kate McCarthy
Liz Roper

CLASS 28

Rachel Buchanan
Emma Dweck
Natalie Giusti
Gina Hamlin
Sarah Hampton LaPlante
Josey Hastings
Sarah Heiber
Li King
Kim Klingele
Angie Kociolek
Mat Kulas
Erica McLaughlin
Toni Penery
Leigh Withers

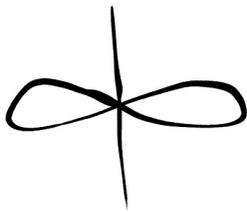


Alumni News



I opened Millerton Acupuncture in Millerton, NY in February. This past week I expanded my practice to Southern Berkshire County, where I will be treating patients in my hometown of Great Barrington, MA once a week. I am thrilled to be finally practicing in both NY and MA, and I am looking forward to serving the Five Element Acupuncture needs of South Berkshire County in MA.

-Emma Dweck
Class 28



As some of you know, I have been practicing acupuncture at Sword Hands Acupuncture & Qigong in Brooklyn, New York for quite some time. Now that Travis and I have decided to spend the majority of our time in Putney, VT, I am

excited to announce that I am finally a licensed acupuncturist in the state of Vermont!

-Sarah Hampton
LaPlante
Class 28

Help the Academy Grow

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Renovations are nearing completion and the new space captures the essence of who we are. Our new addition creates a campus-like feel and emanates a sense of excitement, prosperity, and abundance. Five Element acupuncture changes lives in profound and meaningful ways. **With your financial help, we can amplify this profoundly positive impact in our community and in the world.**



Your contribution to our Receiving Fullness campaign will ensure the future success of the Academy. Renovations in our new building will allow us to add programs for graduates, increase continuing education offerings, and especially, to offer Five Element acupuncture to more people in our newly expanded clinic.



Please consider donating today and ensure the successful growth of the Academy. You can donate online: <http://acupuncturist.edu/giving-to-the-academy> or by phone during business hours at 352.335.2332. Want to express your support through the naming of a new room? Opportunities are available. Please contact Misti Oxford-Pickeral directly by email at misti.oxford@acupuncturist.edu.

Thank you for your time and your generosity.

Prospective Student Preview Day

*The elements
of success are
waiting for you...*

**PREVIEW
Day**

Take the first step.
Become part of the growing number of health care professionals who embrace the art and science of Chinese medicine. Learn how to promote health and well-being in your life and in the lives of those you touch in Five Element acupuncture and Chinese medicinal herbs.

June 20, 2015
11:00 a.m. to 4:30 p.m.

Call today!
352.335.2332
www.acupuncturist.edu

 Academy for
Five Element Acupuncture



Upcoming Events

Thea Elijah
Spirit of the Herbs
June 19-20

Prospective Student Preview
Day
June 20

Thea Elijah
Whole Heart Connection
June 21

New Master of Acupuncture
Class Begins
August 11

Class 30 Commencement
August 29

Mark Fortney
*Ten Thousand Things: Delving
Deeper into the Spirit of the
Points*
September 19-20

New Assistant Director of Herbal Studies



The Academy welcomes **Jennifer Downey** as the new Assistant Director of Herbal Studies. She has been a faculty member and Academy instructor since January 2009.

Co-founder of Gainesville Community Acupuncture, Jennifer has worked in a community treatment setting through Alachua County Drug Court since 2003, treating addiction with acupuncture. She is a graduate of Dragon Rises College of Oriental Medicine and continues advanced training in the Japanese Toyohari

style of acupuncture, which utilizes gentle, non-invasive needling techniques

In addition to her acupuncture practice in Gainesville and new position at the Academy, Jenn teaches Qigong, Oriental Medical Theory and Chinese Herbology here at the Academy and at other area schools. She maintains ongoing studies in both Taoist and Japanese meridian therapies, western and Chinese herbs, and energetic healing.