

COVID-19 SCHOOL MANAGEMENT PLAN

Updated November 8, 2022 – Taking Effect Monday, November 14, 2022

Current CDC guidance on infection control practices and updates related to community spread of this disease are monitored often.

- [https:// www.cdc.gov/coronavirus/2019-ncov/index.html](https://www.cdc.gov/coronavirus/2019-ncov/index.html)
- <https://dashboards.alachuacounty.us/COVID19/>
- <https://floridahealthcovid19.gov/>

Training

Training will be provided to students, faculty and staff on COVID-19 and protections to reduce the exposure and spread of infection.

Exposure Risks

Risk of exposure varies based on performance of certain duties, according to OSHA and CDC guidance. Within the categories of risk, (Very High, High, Medium, and Low) the Academy falls into Low to Medium Risk given that we do not perform highly aerosolized procedures and we do not have what would be considered a high traffic practice and facility. We are a health facility. **We follow CDC guidelines and the recommendations of our COVID Safety consultant epidemiologist, Cindy Prins, PHD, MPH, CIC, CPH.**

Monitoring

The person responsible for the safety plan is: Chuck Graham, Interim Safety Officer.

Building Adaptions to COVID-19

- Entrances are locked with monitoring required before entry.
- Hand sanitization stands at entrances.
- Hand sanitizer throughout the buildings.
- Sanitizing wipes for high touch areas throughout.
- Hygiene and safety practice signs posted throughout.
- Reception areas in both buildings are closed. They are pass-through areas only (no sitting or gathering).
- No-touch trash cans added throughout.
- Sneeze guards placed at the reception and check-out desks and other areas where potential exposures may occur.
- Use of HEPA filter air purifiers throughout.
- Chairs which can be frequently disinfected added to treatment rooms.
- Vinyl coverings added to treatment tables for disinfection after each treatment.
- Physical distancing implemented by removing and marking appropriate spacing for waiting areas.

Building Entry Requirements

Requirements for mask use in classroom settings will follow CDC guidelines for [Individual-Level Prevention Steps You Can Take Based on Your COVID-19 Community Level](#). Masks will be *optional* in classroom settings when the [Alachua County, Florida community level](#) is “Low” or “Medium” per the CDC Community Level metrics. Masks are *required* to be worn in classroom settings at any time that the Alachua County level is deemed to be “High” by the CDC. **The Academy supplies surgical masks and requires anyone deciding to wear a cloth mask to change into a fresh surgical mask or their own fresh KN95 mask when they arrive. The Academy recommends the use of KN95 masks.**

- Sanitizing hands upon entrance is required.
- Change out of cloth mask into surgical mask (provided by the Academy or your own fresh KN95 mask).
- Must sign daily acknowledgment of self-assessment.
- After sign in move immediately to designated classroom or treatment room.
- Anyone exhibiting symptoms of COVID-19 will be sent home if symptoms appear during the workday.
- Must maintain physical distancing of at least 3 feet apart.

Respiratory Hygiene/Cough Etiquette

- Guidelines posted and implemented.
- Schedule for routine disinfection of horizontal and high touch surfaces established.
- Sanitize hands/wash hands frequently.

Classroom Use

- Tables and treatment tables spaced to allow at least 3 feet of distance between students.
- Classrooms B and C (315 building) are reserved for use during clinic.
- Separate designated areas for eating and drinking in all buildings. Appropriate physical distancing must be maintained.

Clinic Flow

- See *Clinic Flow COVID-19 Precautions 11/08/22*

Patient Care

- See *Clinic Flow COVID-19 Precautions 11/08/22*

Omicron Variant Updates

TheOMICRON variant of COVID-19 is **highly transmissible**, especially among people who have been previously infected with COVID-19 or have not been vaccinated.

- Symptoms associated with the COVID-19OMICRON variant could be similar to those that normally accompany a cold.
- Experts are warning that the strain could be easily mistaken for a mild, everyday illness.
- Symptoms associated with the COVID-19OMICRON variant could be similar to those that normally accompany a cold, but experts are warning people that they should not underestimate the risks posed by the more transmissible strain.

Symptoms

Some symptoms of COVID-19 with emphasis on the OMICRON variant include:

- Runny nose
- Headache
- Fatigue (either mild or severe)
- Sneezing
- Sore throat
- Diarrhea and nausea

DO NOT mistake symptoms for allergies.

If anyone feels sick or experiences any of the above symptoms, **they must leave and take a rapid test.** Because the symptoms of COVID are like many other viruses—sneezing, coughing, runny nose, nasal congestion—we need to err on the side of caution.

IF POSITIVE, we agree that they have COVID-19.

IF NEGATIVE, they must take a PCR test and report the results. They are more accurate than rapid tests.

CHRONIC allergy sufferers whose symptoms are improved within 30 minutes by western or herbal allergy medication are the **ONLY** people who can be physically present at the Academy with any of the preceding symptoms.

Any person with symptoms of COVID-19 should either stay home or immediately leave the Academy and get tested.

- If the symptomatic person uses a rapid at-home test, then a positive result should be reliable—it is likely they truly have COVID-19. However, a negative result may not be reliable—they may actually be positive. Thus, a negative result should be followed up with a PCR test at least 24 hours after the symptoms have started. If the PCR test is also negative, then they are fine to return to work/school once the symptoms resolve.

This guidance applies to both vaccinated and unvaccinated people.

- If the PCR test is positive, the symptomatic person will be contacted by the Alachua County Health Department for follow-up. They must isolate from others for at least a **full 5 days from the start date of the symptoms**, and they should remain at home until they are without a fever for more than 24 hours without taking any fever-reducing medications and all other symptoms are significantly improved.
- If anyone has symptoms, **EVEN** with a negative PCR TEST, they must stay home until they feel better. Flu cases are very common currently and people can transmit it for up to 7 days.
- Individuals who are asymptomatic and who test positive must stay at home and quarantine for a full 5 days before returning to work or school. No re-testing is required, as long as they remain asymptomatic. If symptoms appear, follow the guidelines above, starting with getting tested.

Exposures for Everyone

If an individual was in close contact with a person who has COVID-19 for 15 minutes or more within 6-foot distance, during the person's infectious period (beginning two days before onset of symptoms or two days before a positive test if asymptomatic), they must do the following:

- a. Quarantining is not required.
- b. Get tested 5 days after the last contact with the infected individual.
- c. Diligently wear a mask for 10 days after the last contact with the infected individual.