

Classical Chinese Obstetrics: From Fertility to Delivery

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NCCAOM PDAs offered to licensed acupuncturists

Hosted by Academy for Five Element Acupuncture

Early registration pricing ends September 1, 2024

This course paints an energetic outline of conception, embryology, birth and the immediate postpartum period. It presents the development of life as understood through familiar Chinese medical models, as well as those specific to Chinese Obstetrics, the medical specialty known as Chan Ke. It discusses the modalities of acupuncture, nutrition, and Chinese herbs to support mother and child and their emerging during these special months.

The class begins with foundational models of fertility and treatments for idiopathic infertility including treatments to clear to the womb and invoke conception.

The three trimesters and ten months of pregnancy are outlined in detail as informed by Daoist and Confucian perspectives on embryology. We trace the development of a fetus and the resonance of the mother during delineated periods of growth.

Pulses and indications of the healthy development at each stage are covered. Chinese medical indicators of emerging pathology at key junctures are covered for both pregnancy and labor. The class covers interventions for both common and more complex presentations.

It offers a deep discussion the logic of usage for common acupuncture points employed during pregnancy and a thorough explanation of prohibited points. The lecture offers a fresh approach to pregnancy treatments informed by Sinew, Luo, and Eight Extraordinary Channels. A practical selection of points used in Chinese midwifery to help create a safe and easy labor round out the weekend. Dietary Medicine, central to the Chinese medical view, is covered in detail, along with herbal interventions and empowerments.

This is also a class for wonder at the unfoldment of life and its returning cycles. It hopes to offer the logic of the Chinese medical logic to transcend point prescriptions and provide confidence in your recommendations and treatments.

The class is online and self-paced in segmented lectures. The class presented in Modules. Dividing the material makes the material easily accessible and digestible. Additionally, the modalities of acupuncture, herbs and nutrition are separated in presentation. The format provides an *easy reference tool*.

The course is also supported via three synchronous online meetings. These are times to meet and connect as a cohort. It is time for questions, clarifications and case studies.