



Academy for
Five Element Acupuncture
Summer 2023 Newsletter

Welcome our New Executive Director, Rebekah Johnson



In April, the school announced Rebekah Johnson as the new Executive Director at the Academy for Five Element Acupuncture. Rebekah, a graduate of the University of Florida's College of Education lives in Gainesville, Florida with her husband, Steve, and two children, Ryan and Madison.

"I am delighted to join the Academy community," said Rebekah. "I was so impressed by the warmth and passion that I witnessed during my visit. I look forward to partnering with you to implement programs that ensure the continued traditions and teaching of Five Element Acupuncture.

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Welcome Theresa Jarvis, Admin Office Manager

I am a "people person" and am outgoing, friendly, and even a little goofy at times. I will be celebrating 17 years of marriage in mid-July. I am a mother of 2 wonderful boys, almost 13 and almost 22. I really enjoy being creative and I dabble in many forms of art. Painting with watercolor is currently my favorite. I enjoy word puzzles, reading, watching movies, and I have an eclectic taste in music. My current playlists range from The Beatles (my favorite band) to Lady Gaga.

I love learning about people, culture, and diversity; which is why I earned a Bachelor's in Social Work. I have many years of experience in office management and human resources. I am so happy to be a part of the Academy admin team.

[Current Staff](#)



Free Flowing with a Mobile Practice - Angie Kociolek, Class 28

Acupuncture, for me, has always been an expression of my autonomy. What can I say? I like being my own boss.

My first five years of private practice was a vibrant swirl of growth, satisfying work, a flexible schedule, impactful partnerships, an expanding body of testimonials and referrals, and increasing profit margins every year. I was realizing success.

Cue the reminder to remain humble – COVID. Before COVID, my business philosophy was: Maximize profit by keeping low overhead.

After COVID, I took that to a new level.

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The Season of Summer

Summer! Ahhhh, Summer! For many of us summer invokes past memories of freedom from school, longer, slower days, and, yes! More fun. The ancient Chinese would encourage us to remember all of that, as we move into this season of expansion.

All natural rhythms of life were described in detail in the Emperor's Classic of Internal Medicine. The Chinese describe our planet's natural rhythms, and admonish us to follow them, or risk illness and early death.

[Read More](#)

Upcoming Academy Events

July 13 - Online Info Session for Prospective Students

August 19 - Class 38 Commencement Ceremony

August 30 - New M.Ac. Class Begins

September 30 - Introduction to Scalp Acupuncture with Bethany Bechtel, A.P., Ph.D.

November 2-5 - Zero Balancing II with Jim McCormick

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Thank You

Leslie Adams for your generous donation to our academic library, in honor of your late husband

Vincent P. Adams



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